

# Why invest in workplace wellbeing

## Benefits of a healthy workforce



**3x**

more productive



**50%**

less injuries



**5x**

more engaged



**\$3-\$6**

ROI for every \$1 spent



## Costs of an unhealthy workforce



**4x**

more likely to lose talented workers



**7x**

more costly workers compensation claims



**9x**

more sick days taken per year



**\$6.4b**

productivity losses in Australia per year due to obesity alone