

Wellbeing

WITH StateCover

Bundles
A 12 month package of tailored, best practice programs and services.



Programs and Services
A range of services and programs for injury and illness prevention and improved worker wellbeing.



Resources
Free downloadable resources and planning tools for you to use to promote wellbeing in your workplace.



StateCover Wellbeing is your one-stop-shop for best-practice services, programs and resources. We've done the hard work for you and found the best providers to meet your diverse wellbeing needs, focusing on both mental and physical health.

Visit: wegobeyond.com.au



wegobeyond.com.au

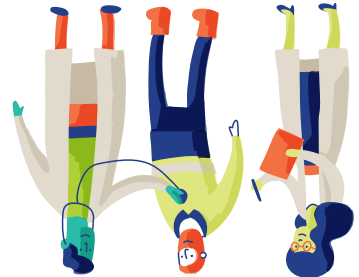


To find out more visit: wegobeyond.com.au



Wellbeing

WITH StateCover



Supporting wellbeing in the workplace every step of the way



January						2020
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1 New Year's Day 26 Australia Day 27 Australia Day Public Holiday

Did you know?

17% of Australians drink at levels that put them at risk of alcohol-related disease. Organise an alcohol awareness talk at your workplace.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





February

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Did you know?

10% of workplace absenteeism associated with illness is due to influenza. Book flu vaccinations at your workplace.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





March

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**Did you
know?**

In Australia, skin cancers account for around 80% of all newly diagnosed cancers each year. Organise onsite skin checks for your employees.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





April

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

10 Good Friday

11 Easter Saturday

12 Easter Sunday

13 Easter Monday

25 ANZAC Day

Did you know?

Suicide is the number one killer of men in Australia under 45 years old. Learn about our mental health training.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





May

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Did you know?

21% of Australians have taken time off work in the past 12 months due to mental health. Book our face to face mental health training.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





June

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

8 Queens Birthday Public Holiday

Did you know?

Poor sleepers are 70% more likely to be involved in an accident.
Learn about our sleep screening services.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





July						2020
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Did you know?

91% of employees believe mental health in the workplace is important. Book mental health checks for your employees.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





August

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Did you know?

Tobacco smoking is one of the largest preventable causes of death and disease in Australia. Organise a Health and Wellbeing Day for your staff.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





September

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Did you know?

Stigma around mental health stops people asking for help and getting the support they need. Start your workplace conversation about mental health.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





October						2020	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

5 Labour Day Public Holiday

Did you know?

In Australia, 45% of people will experience a mental health condition in their lifetime. Find out about our interactive mental health workshops.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





November

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Did you know?

73% of Australians aged 30-65 years have at least one risk factor for heart disease. Book our onsite health checks.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893





December

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

25 Christmas Day 26 Boxing Day 28 Boxing Day Public Holiday

Did you know?

Christmas can be a difficult time for some, reach out to family and friends this season. Learn more about mental health in the workplace.

✉ wellbeing@statecover.net.au

🌐 wegobeyond.com.au

☎ 8235 2893

